

ATTENTION: CLASSIFICATION OF INFORMATION

Sec. 9, NEW Chapter 101, Laws of 1970 1st Mt. Sess.

CONFIDENTIAL

14-00000

Beginning in 1973, the county treasurer is directed by RMC Chapter 167 to assess and value all unimproved forest land, all kinds of timber and fire scars which are primarily devoted to, and used for, the growing and harvesting of timber.

This land has been classified as Forest land as of January 1, 1976 and will continue to be categorized as Forest land until removal of such classification for one of the following reasons:

- (a) Notice from owner to remove classifications;
- (b) Sale to an ownership making land exempt from taxation;
- (c) Determination by assessing that land is no longer primarily devoted to, and used for, growing and harvesting timber;
- (d) Determination that a higher and better use exists for the land than growing and harvesting timber.

Upon removal of this land as CLASSIFIED WASTE LAND, a compensating tax shall be imposed upon the land based upon the following percentage based upon:

Site and Date Value of Land at Time of Survey	1932	Classified Forest Land Value at Time of Survey	1932	Unimproved Land Value at Time of Survey	1932	Number of Years in Classification (Not more than 10)	Comments

These nonworking days shall not be included in the normal working weekly hours.

- (c) Transfer to government entity in exchange for other forest land;
- (d) A taking or transfer to entity having power of eminent domain;
- (e) Sale of land within ten years after death of owner, or, if land is purchased (5%) interest in the land.

IT WILL DO NOT MEAN THIS LAND RECLASSIFIED AS FOREST LAND, PLEASE NOTE.

IT IS to not your desire to have such and consented and waived on criminal Court, and, you not give the appropriate Office sufficient notice thereof, as of before March 31, 1977. (See written notice below.)

If you have any questions regarding the classification of this record or document, please contact the document's custodian.

800-527-5533

Abstract—The purpose of this study was to determine the effect of a 12-week training program on the heart rate (HR) and heart rate reserve (HRR) of sedentary middle-aged men. The subjects were divided into two groups: a control group and a training group. The control group consisted of 10 men who did not exercise regularly, and the training group consisted of 10 men who participated in a 12-week training program. The HR and HRR were measured at rest and during maximal exercise at baseline and at the end of the 12-week training program. The results showed that the training group had a significantly lower HR and HRR at rest and during maximal exercise compared to the control group at the end of the 12-week training program. The findings suggest that a 12-week training program can improve the cardiovascular fitness of sedentary middle-aged men.

AES

CONCLUSIONS

留任、转岗、解除劳动合同

02740

NOTICE TO ASSURE-017

As conveyed at the land transaction in this letter, I hereby indicate by signature that I do not desire to have this land classified as forest land by the Bureau.

DATE _____ 1975

Vendor(s) or Contractor Purchaser(s):

1973年12月15日 星期三 1973年12月15日 星期三

1958 DEC 12 52-11 (120478)