BOOK

Notice: No writing on this bond except by the Corporate Trustee.

Date of Registry	In Whose Name Registered	Registrar	
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(Form of Registered Bond without Coupons)
West Coast Telephone Company
First Mortgage Bonds
5%% Series due 1990

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WEST COAST TELEPHONE COMPANY, a corporation organized and existing under and by virtue of the laws of the State of Washington (hereinafter 'called the "Company"), for value received, hereby promises to pay to, the registered holder hereof, on the 1st day of May, 1990, unless this bond is sooner redeemed, at the office of Bank of America National Trust and Savings Association, at 300 Montgomery Street, in San Francisco, California, or, at the option of the registered holder hereof, at the office of Irving Trust Company, in the Borough of Manhattan, City and State of New York, United States of America, and to pay interest thereon in like money from the date hereof, at the rate of five and three-eighths per cent (5%%) per annum until the payment of said principal sum, semi-annually on the first day of May and on the first day of November in each year, at the office of Bank of America National Trust and Savings Association, at 300 Montgomery Street, in San Francisco, California, or, at the option of the registered holder, at the office of Irving Trust Company, in the Borough of Manhattan, City and State of New York.

This bond is one of an authorized issue of bonds of the Company, limited to the aggregate principal amount of One Hundred Million Dollars (\$100,000,000) which may at any time be issued and outstanding, known as First Mortgage Bonds, all issued and to be issued pursuant to the terms and conditions of, and irrespec-